

Zeitplan NEU

Freitag 26.06.2026

	AKM	MU20	AKW	WU20	MU18	WU18	MU16	WU16	MU14	WU14	MU12	WU12	
16:30									Hoch Vortex	Hoch			16:30
16:40	400m Hü	400m Hü			400m Hü								16:40
16:50			400m Hü	400m Hü		400m Hü							16:50
17:00							300m Hü						17:00
17:10								300m Hü		Vortex			17:10
17:20													17:20
17:30	200m	200m											17:30
17:40					200m								17:40
17:50			200m	200m		200m							17:50
18:00													18:00
18:10								Weit 1					18:10
18:20							Speer				800m		18:20
18:30												800m	18:30
18:40			800m	800m		800m							18:40
18:50	800m	800m			800m								18:50
19:00	5000m	5000m	5000m	5000m									19:00
19:10													19:10
19:20									1000m				19:20
19:30													19:30
19:40										1000m			19:40
19:50						1000m							19:50
20:00								Speer					20:00

Sonntag 28.06.2026

	AKM	MU20	AKW	WU20	MU18	WU18	MU16	WU16	MU14	WU14	MU12	WU12	
09:15			Diskus	Diskus		Diskus				60m Hü			09:15
09:30	Kugel	Kugel			Hoch		Hoch		60m Hü				09:30
09:40													09:40
09:50								80m Hü				Stabweit	09:50
10:00						100m Hü							10:00
10:10							100m Hü						10:10
10:20			100m Hü	100m Hü									10:20
10:30					110m Hü			Diskus	Stabweit		Stabweit		10:30
10:40	110m Hü												10:40
10:50		110m Hü											10:50
11:00			Hoch	Hoch	Kugel	Hoch						50m VL	11:00
11:10										Stabweit			11:10
11:20													11:20
11:30													11:30
11:40											50m VL		11:40
11:50	Diskus	Diskus											11:50
12:00												50m F	12:00
12:10							Kugel						12:10
12:20								Hoch					12:20
12:30													12:30
12:40											50m F		12:40
12:50													12:50
13:00			400m	400m		400m							13:00
13:10	400m	400m			400m								13:10
13:20							300m						13:20
13:30								300m	Kugel				13:30
13:40													13:40
13:50	Hoch	Hoch											13:50
14:00					Diskus		Diskus						14:00